

Pulse Oximeter

Measures the amount of oxygen in the blood

When a person overdoses, their breathing slows/stops and they do not have enough oxygen in their blood.

Using a pulse oximeter can help tell IF and WHEN a person needs Narcan.

On/Off Button



Pulse oximeter reading (%SpO2)

Pulse - Beats per Minute

Reading the Pulse Ox (%SpO2)

Above 96%

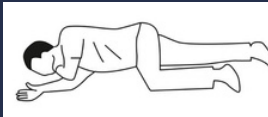
No Narcan!

89% - 95%

Check for signs of an overdose

Place person in the recovery position

Stay with the person and continue to check their pulse ox



Below 89%
Give Narcan
Call 911



After Narcan is given place person in recovery position

Best Practices:

- A pulse ox is not 100% right, always check for other signs of an overdose! If individual stays unresponsive, call 911!
- Use the middle or ring finger as they are least likely to be calloused
- Black or darker skin can cause higher read on the pulse ox.
- Nail polish can also impact how well the pulse ox works.