

Substance Use and Grief Resources for Website

Support Groups

Substance-Related Grief Groups

[Ryan's Hope Program](#) at Peter's Place (Radnor, PA): A free 8-session peer support group for parents who have lost their child to substance use/overdose located in Radnor and also available to surrounding counties, including Philadelphia.

[GRASP \(Grief Recovery After a Substance Passing\)](#): An online community for support and healing.

[Herren Project](#): A free, online support groups for those in active recovery and their parents/spouse/family/siblings. Additional grief support groups are available for family members who have lost a loved one due to substance use or overdose, some groups are available in Spanish.

[Love In The Trenches](#): A free, online support groups for parents and siblings who have lost loved ones to substance use or whose children are in active use.

General Grief Groups

[Compassionate Friends](#): A national organization with local chapters providing support to families who have lost a loved one, usually a child.

[Widowed Village](#): An online community of peer support and resources for those who have lost a spouse/partner.

[GriefShare](#): A national organization with local chapters providing peer grief support groups.

Groups for Those with Loved Ones in Active Use/Recovery

[Herren Project](#): A free, online support groups for those in active recovery and their parents/spouse/family/siblings. Additional grief support groups are available for family members who have lost a loved one due to substance use or overdose, some groups are available in Spanish.

[Nar-Anon Family Groups](#): A search engine for local meetings for Nar-Anon, a 12-step program for the family and friends of people who use substances.

[Parents of Addicted Loved Ones \(PAL\)](#)- Free, in-person and online support groups for parents of adult children struggling with addiction to drugs or alcohol.

Therapy

[Psychology Today](#): An international search engine to find therapists, filters are available to narrow searches based on insurance, location, language, cost, reason for seeking services, etc.

[Community Behavioral Health \(CBH\)](#): Philadelphia's mental health service managed care organization, available to most people covered under Medicaid. To locate a mental health and/or substance use treatment provider within the CBH network, call Members Services at 888-545-2600 (available 24/7) or review their [online directory of providers](#).

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[OpenPath Collective](#): A directory of psychotherapists who offer sliding scale services based on financial need. There is a lifetime membership fee of \$59; after paying this fee, clients can access therapists for as low as \$30/session. Helpful for folks without insurance or when insurance provides inadequate mental health coverage.

Substance Use Treatment

[Pennsylvania's Get Help Now Hotline](#) (1-800-662-4357): A free, confidential, bilingual (English/Spanish) hotline offering information about substance use treatment resources.

[NET Access Point](#) (1-844-533-8200 or 215-408-4987): A center providing substance use assessment and medication-assisted treatment (MAT) for those interested in recovery, open 24/7.

CareConnect Warmline (484-278-1679): A hotline available 9am-9pm to get connected to virtual, low-barrier substance use treatment, including buprenorphine. No insurance necessary.

[Targeted Case Management Unit](#) (215-599-2150): A team providing mental health and addiction services through the Department of Behavioral Health and Intellectual disAbility Services. Call the number provided to see if you qualify for services.

[Behavioral Health Special Initiative](#) (215-546-1200): A program providing referrals to addiction treatment services in and outside of Philadelphia for those with limited or no insurance.

[Alcoholics Anonymous \(AA\)](#): A list of local chapter meetings of AA, a group-oriented 12-step program for those working towards sobriety/recovery from alcohol.

[Narcotics Anonymous \(NA\)](#): A search engine for local meetings of NA, a community-oriented 12-step program for those working towards sobriety/recovery from narcotics.

Children's Services

[The Uplift Center for Grieving Children](#): An organization offering grief support groups for children as well as a resource and referral hotline for grieving children and teens (1-833-745-4673, available Monday-Friday 10am – 8pm and holidays 12pm – 4pm).

[Peter's Place](#) (Radnor, PA): An organization providing grief support to children and teens, located in Radnor and also available to the surrounding counties, including Philadelphia.

[Safe Harbor](#) at Jefferson Health (Abbington, PA): A program providing peer support groups for children, teens, young adults, and parent/caregivers who have experienced the loss of a loved one.

Volunteer/Donation Opportunities

[Angels In Motion](#): A local organization providing harm reduction training, recovery and housing referral information, and snack bags to communities in Philadelphia.

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[Never Surrender Hope](#): A local organization offering outreach and education, resources for those in recovery, and support groups for people whose loved ones are addicted to substances.

[The Pink Elephant Movement](#): A local organization dedicated to spreading awareness of the opioid epidemic and providing financial and community support to children and families impacted by addiction.

[Prevention Point](#): A local non-profit providing testing, treatment, and medical clinics as well as a drop-in center, syringe service program, and other supportive services to people in active use.

Additional Links

Philadelphia Crisis Line (988 or 215-685-6440): An emergency phone line dedicated to mental health and/or psychiatric crisis that can provide guidance and evaluation/treatment services, available 24/7.

NAMI Warmline (1-844-745-4673): A non-crisis phone line to chat with a counselor when in need of support, available 9am-5pm Monday through Friday.

Department of Public Health's [Division of Substance Use Prevention and Harm Reduction](#)

[Philadelphia Medical Examiner's Office](#)

[Department of Behavioral Health and Intellectual disAbility Services](#)

[Broken No More](#): An online forum dedicated to the hope that more enlightened drug policies may help stem the tide of addiction and overdose.